

Practice Highlights

Celebrating an Amazing Achievement

We are incredibly proud of our amazing Orthodontist, Dr Sara Belo, who has received a special award from Angel Aligner in recognition of the fantastic number of clear aligner cases she has started.

Caroline from Angel Aligners visited Waterside Dental Practice to present the award in person, making the achievement even more special. This recognition reflects Dr Sara's experience, dedication and commitment to helping patients achieve smiles they can feel confident about. A huge congratulations from the whole Waterside team!



Book a clear aligner consultation with our team to explore your options and discover how we could help you achieve the smile you have always wanted.

Thinking about straighter teeth?



Treatment Spotlight

A Wedding Ready Smile

This patient wanted to feel confident in her smile ahead of her wedding, so she chose clear aligner treatment to gently straighten her teeth.

Once her orthodontic treatment was complete, composite bonding was used to refine the shape and appearance of selected teeth, creating a beautifully balanced finish.

By combining orthodontics with cosmetic treatment, we were able to create a personalised plan that worked towards the patient's individual smile goals and wedding timeline.

Team News

Meet Ella, our Treatment Coordinator



Many of our patients will already recognise Ella from her work as a dental nurse at Waterside.

After shining in the surgery, we are delighted to introduce Ella in another of her roles as our Treatment Coordinator.

Ella can offer a relaxed, non-clinical appointment to discuss:

- Your smile goals
- Possible treatment options
- The treatment process
- Approximate costs and finance options
- The next step in your treatment journey

Patient Case study

Rebuilding Confidence in Dental Care

After a difficult experience at a previous dental practice, this patient came to Waterside Dental Practice for a new patient examination feeling understandably anxious about receiving further treatment.

During the appointment, our team took the time to listen carefully to her concerns, understand her previous experiences and explain the treatment she required clearly and at a pace that felt comfortable.

Together with Andreas, a personalised treatment plan was created, giving the patient the opportunity to ask questions, understand each stage and feel fully involved in decisions about her care. We were delighted to receive this wonderful five-star Google review:

"After an awful experience at another dentist, this practice has been absolutely amazing from start to finish. Every member of the team has treated me with genuine kindness, compassion and professionalism, and they have gone above and beyond to help me feel safe and comfortable again."

"My dentist, Andreas, has been incredibly understanding throughout my treatment plan. Everything has been explained clearly, I have never felt rushed and, for the first time in a long time, I actually feel at ease attending dental appointments."

"The whole team truly cares about their patients, and it shows in everything they do. I would highly recommend Waterside Dental Practice, especially to anyone who feels anxious following a difficult past experience."

We understand that previous dental experiences can have a lasting effect. Our team is committed to listening without judgement, explaining every option clearly and helping patients rebuild their confidence one appointment at a time.

Feeling nervous about visiting the dentist?

Speak to our friendly team about how we can support you and make your appointments feel as comfortable as possible.



Dates for your Diary

Thursday 27 August – *Family Open Day*

Join us for a fun and informative day for the whole family, and a chance to see just how relaxed and welcoming a trip to the dentist can be.

There'll be plenty to keep everyone entertained. Little ones can enjoy face painting and take home a goodie bag, while our friendly oral health sessions give children a hands-on introduction to looking after their teeth.

It's also a great opportunity to meet the team. Our dentists, hygienists and reception staff will be on hand to answer questions, show you around and chat through anything you'd like to know. Whether you're already registered, thinking about joining, or simply curious, we'd love to see you there.

Thursday 1 October – *Ortho Open Day*

If you have been thinking about straightening your teeth with clear aligners, this is a great opportunity to explore your options, ask questions and find out what may be possible for your smile.

Our orthodontic team will be on hand to discuss clear aligner treatment, your smile goals, the treatment journey, approximate costs and finance options.

And there's even more to look forward to on the day, including exclusive Open Day offers available to those attending, as well as one of our amazing Waterside goodie bags to take home with you.

Places are limited and our previous Open Days have been very popular, so make sure the date is in your diary!

Tip of the Month – Spit, don't Rinse with Water!

After we have brushed our teeth, we should spit out the toothpaste. Spitting out the excess paste and not rinsing ensures that the fluoride found in the majority of toothpastes will remain on the teeth and continue to be effective.



The Waterside Family in the Sunshine



We recently enjoyed a lovely afternoon away from the practice with members of the Waterside team, their families and colleagues. It was a wonderful opportunity to relax in the sunshine, spend time together outside of work and enjoy a well-deserved break.

We are incredibly fortunate to have such a kind and supportive team. Moments like these help strengthen the friendships behind the practice and make the Waterside family even more special.

LIMITED TIME OFFERS

Smoother Teeth, Brighter Smile – And You'll Actually Enjoy the Appointment

We've invested in EMS Airflow technology, a cleaning method which often leaves your teeth feeling smoother and looking brighter straight away. Rather than scraping, it uses a warm stream of water, air and fine powder to lift plaque, staining and bacteria from the tooth surface and just below the gumline.

Most patients find it far more comfortable than a traditional scale and polish, with no scratching, no grinding and no cold water.

This month, we're offering EMS cleans at £130 instead of £165 saving over 20% for direct access patients.

Make Wednesday your Hygiene Day – August and September

Save 20% on all routine hygiene appointments on Wednesdays throughout August and September.

Just quote **WEDHYG**.

Save When You Become a Member of Our Dental Plans, from £19.10 per Month!

Interested in joining? Give us a call on 023 8084 3318 or book an appointment, and we'll talk you through the options and find the plan that fits you best.



Waterside Dental Practice



@watersidedentalhythe



@waterside.dental0



Don't Miss Out on the Latest News

Any Questions, We'd Love to Help!



023 8084 3318



admin@watersidedental.co.uk